

# Southlake Select Playing Time Guidelines



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**PLAYING TIME FOR 9-11 YEAR OLDS:** There is no playing time requirement. Southlake encourages coaches to consider these years developmental and their playing time should revolve around developing ALL the players.

**PLAYING TIME FOR 12 AND UP:** There is no playing time requirement. Southlake encourages coaches to teach players that they compete and earn their playing time. This is done by several measures: attitude, effort, desire to learn, ability to learn, your actions as a teammate, your performance as a teammate, and talent.

**INFORMATION:** USYS provides the information below to help coaches make informed decisions regarding playing time management.

**WHY DO KIDS PLAY:** They play to learn soccer, be part of our club, for fitness, and to have fun playing soccer. Research shows 70-75% of kids quit soccer by 14.

**WHY KIDS STOP PLAYING:** Research shows that kids stop playing for seven reasons. Southlake encourages coaches to keep these in mind.

1. Lack of Playing Time
2. Overemphasis on Winning
3. Other activities are more interesting
4. Lack of Fun
5. Coaching/Adult Behaviors
6. Dissatisfaction with Performance
7. Lack of Social Support