



Touchlines, Penalty area, Goal area, build out lines

Field Setup Instructions:

- Pull the goals into the 15-yard lines;
- Use the 30-yard line and the inside edge of the yard line numbers to define the 15-yard penalty areas;
- Use the 20-yard line and the inside edge of the football hash marks to define the 5-yard goal boxes;
- Use the football sidelines for the touch lines;
- Indicate build out lines at the 40-yard line with cones on the touchlines and middle (serves as the offside line too);
- Layout minimal cones as needed to clarify goal and penalty areas and touchlines